



SADHBHAVANA
WORLD SCHOOL
Bringing the World to the Classroom

MENU

AUGUST 2026 - BREAKFAST



1-AUG

Saturday

All: Puttu | Cherupayar Curry | Flavoured Juice

3-AUG

Monday

All: Idly | Sambar | Coconut Chutney | Tomato Chutney | Lime Juice

4-AUG

Tuesday

All: Rava Upma | Kadala Fry | Banana | Horlicks

5-AUG

Wednesday

All: Puttu | Cherupayar Curry | Cut Fruits | Mint Lime

6-AUG

Thursday

All: Croissant | Cornflakes & Milk

7-AUG

Friday

All: Bhatara | Chole Masala | Cut Fruits | Lime Juice

8-AUG

Saturday

All: Rava Upma | Kadala fry | Horlicks

10-AUG

Monday

All: Puttu | Kadala Curry | Cut Fruits | Flavoured Juice

11-AUG

Tuesday

All: Dosa | Sambar | Coconut Chutney | Tomato Chutney | Lime Juice

12-AUG

Wednesday

All: Appam | Green Peas Masala | Boost

13-AUG

Thursday

All: Horlicks | Choco Syrup | Boiled Banana | Horlicks

Non-veg: Pan Cake

Veg: Sandwich

14-AUG

Friday

All: Bhatara | Chole Masala | Cut Fruits | Lime Juice

15-AUG

Saturday

All: Puttu | Kadala Curry | Lime Juice

17-AUG

Monday

All: Veg Sandwich | French Fries | Cut Fruits | Ketchup | Boost

18-AUG

Tuesday

All: Puttu | Cherupayar Curry | Cut Fruits | Fresh Juice

19-AUG

Wednesday

All: Appam | Aloo Masala Curry | Boost

20-AUG

Thursday

All: Rava Upma | Kadala Fry | Pappad | Horlicks

31-AUG

Monday

All: Bhatara | Chole Masala | Cut Fruits | Lime Juice



MENU - LUNCH



1-AUG Saturday All: Ghee Rice Raitha Pickle Semiya Payasam Veg Mappas	13-AUG Thursday All: Rice Mix Veg Theeyal Upperi Yellow Lime Pickle Payasam Non-veg: Fish Fry Veg: Soya Dry Fry Curd
3-AUG Monday All: Plain Rice Dal Spinach Curry Potato Mezhukkupurati Pickle Pappad Semiya Payasam Non-veg: Omlet Veg: Soya Dry Fry	14-AUG Friday All: White Cabbage Salad Mayonnaise Tomato Chutney Flavoured Yogurt Non-veg: Chicken Mandi Veg: Veg Mandhi Gopi 65
4-AUG Tuesday All: Rice Kappa Puzhukku Raw Mango Veg Salad Pickle Pudding Non Veg: Nadan Chicken Curry Veg: Chef Special Veg Curry Packed Curd	15-AUG Saturday All: Plain Rice Pulisseri Kovakka Upperi Pickle Pappad Chammanthi Semiya Payasam
5-AUG Wednesday All: Rice Mango Drumstic Curry Thoran Pappad Pickle Payasam Non-veg: Fish Fry Veg: Paneer Tawa Fry Packed Curd	17-AUG Monday All: Rice Mango Drumstic Curry Thoran Pappad Pickle Payasam Non-veg: Fish Fry Veg: Paneer Tawa Fry Packed Curd
6-AUG Thursday All: Chapati Flavoured Rice Kadai Veg Mixed Raitha Pickle Pappad Beetroot Halwa	18-AUG Tuesday All: Plain Rice Mathan Payar Vazhakka Curry Thoran Pickle Pachamoru Chammanthi Payasam
7-AUG Friday All: Raita Pickle Ice Cream Non-veg: Chettinad Chicken Biriyani Veg: Paneer Biriyani	19-AUG Wednesday All: Raita Pickle Ice Cream Non-veg: Kozhikodan Chicken Dum Biriyani Veg: Paneer Biriyani
10-AUG Monday All: Ghee Rice Biriyani Chutney Raitha Pickle Ice Cream Non-veg: Egg Varuth Aracha Curry Veg: Soya Fry	20-AUG Thursday Onasadhya
11-AUG Tuesday All: Kashmiri Pulao Chapati Raitha Pickle Pappadam Gulab Jamun Non-veg: Butter Chicken Veg: Paneer Butter Masala	31-JUL Monday All: Plain Rice Sambar Aviyal Pickle Puli Inchi Semiya Payasam